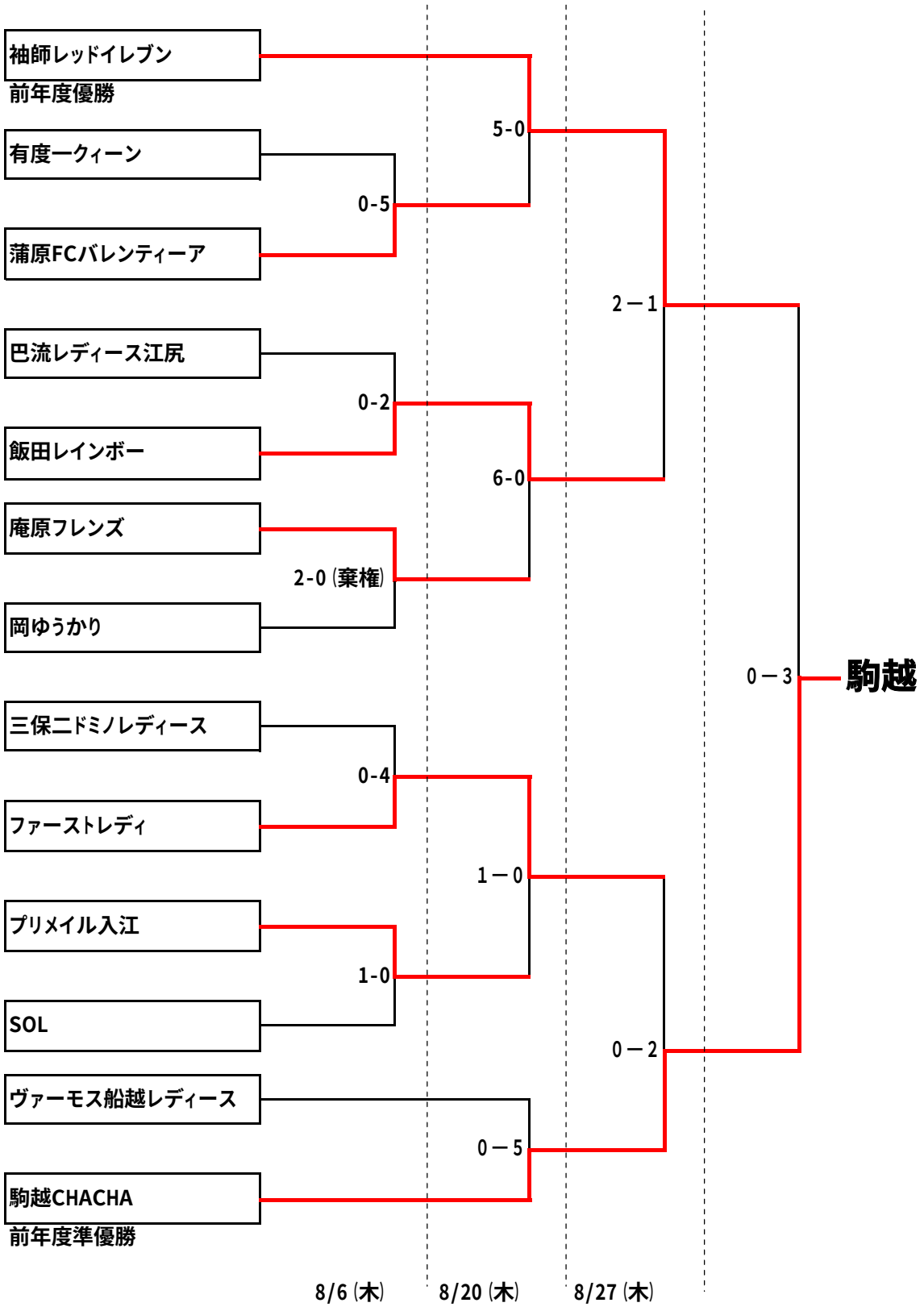平成２１年度　市民大会組合せ表（ママの部）